



INTERNATIONAL FOOTBALL PROGRAMME

A unique partnership
between **Lincoln Minster School**
and **Lincoln City FC**





A UNIQUE PARTNERSHIP

The International Football Programme gives talented young footballers the opportunity to benefit from the professional coaching of Lincoln City FC, whilst accessing the highest quality education in studying for their A Levels at Lincoln Minster School.

"We encourage our pupils to test themselves and not to worry when they make a mistake, but to learn from it. This way they develop the skill set to face the challenges that lie ahead, and this guiding principle applies equally well in academic and sporting settings. The International Football Programme integrates completely with academic life, underpinned by the shared values between our School and Lincoln City FC."

MARIA YOUNG
HEADMISTRESS
LINCOLN MINSTER SCHOOL

"Across the entire club, we believe in developing the person and the footballer; our aim is that every young person in the International Football Programme fulfils their academic and football potential. We're proud that, through this programme, Lincoln City FC can extend fantastic opportunities to talented individuals from all over the world."

JEZ GEORGE
HEAD OF FOOTBALL
LINCOLN CITY FC



ABOUT LINCOLN

Lincoln is a small city located in eastern England, less than two hours' train ride from London, with a population of around 100,000. It was first settled over 2000 years ago and its long history means it has a number of beautiful historic buildings, including Lincoln Castle and Lincoln Cathedral.

Lincoln Minster School has a central but secluded location a few minutes' walk from the city centre, allowing easy access to shops, amenities and cultural sites. Lincoln City FC's stadium is also only a short walk from the School, and the training facilities for the International Football Programme are a short drive.





LINCOLN MINSTER SCHOOL



A unique and enviable study experience

We cultivate a learning community where each pupil feels a sense of belonging and is motivated to make the most of every opportunity.

The exceptional quality of our teaching and pastoral care ensures that studying for A Levels is a productive, fulfilling and enjoyable experience. With the commitment of our staff, we meet the requirements of every one of our pupils, ensuring the sporting demands of the International Football Programme are carefully accommodated within each pupil's timetable.

Our Senior School site comprises a variety of modern and historic buildings. The purpose-built Prior Building opened in 2002 and boasts science labs, art studios, IT suites and our dedicated Study Centre. Our latest addition, the Harper Building, includes a modern, multi-use Sports Hall as well as a Recital Hall, music practice rooms and a Drama Studio.





Opening doors

A Level study is challenging but immensely rewarding. The expectation is that our pupils will become increasingly enterprising and emerge as skilled, knowledgeable and independent learners. We regularly achieve over 90% of all pupils gaining entry into their first-choice university.

Preparation for the future

All A Level pupils are entered for the highly regarded Extended Project Qualification (EPQ) where they independently choose a topic to research, write up and present. Pupils frequently choose to focus on an area that is directly relevant to, and helps demonstrate interest in, the subjects they are considering for Higher Education study. Providing a curriculum that is rich in academic rigour, breadth and variety is essential.

A Level places are offered subject to satisfactory GCSE predictions and results. Prospective pupils will be expected to meet the specific subject entry requirements for their A Level choices.



Boys studying A Levels board in Eastgate House, a grand Victorian building surrounded by leafy gardens and lawns, with close proximity to the historic Bailgate area and the modern Brayford quay. Boys enjoy access to two kitchens, in which to prepare snacks in the evenings and at weekends, and two spacious common rooms.

The Head of Boarding produces exciting induction and enrichment programmes to help boarders make friends, settle in to their new school and make the most of their stay in the boarding houses.



LINCOLN CITY FC

Lincoln City FC lifting the Checkatrade Trophy at Wembley

Lincoln City Football Club (LCFC), known as the Imps, play in English Football League One and have enjoyed significant recent success, including two promotions.

The Club has regularly progressed in Cup competitions and faced Premier League opposition, including an historic run to face Arsenal in the FA Cup Quarter Finals and two recent matches against Everton. The Imps also won their first ever national Cup competition in 2017-18, beating Shrewsbury at Wembley Stadium in front of 27,000 travelling fans. Home games at the LNER Stadium consistently attract capacity crowds of 10,000.

LCFC are dedicated to developing their own players by identifying talented local youngsters and helping them to reach their potential. This is achieved through a multi-level structure with players differentiated by age and ability. The most elite tier is the Academy, for players aged 8-18, who play exclusively for LCFC.

16-18 year olds in the Academy complete a full-time football and educational programme aimed at producing professional players, for which Lincoln Minster School provide boarding accommodation and academic support.

Below the Academy are several other programmes to ensure age- and ability-appropriate coaching for every player, which the International Football Programme fits into. LCFC employ a qualified staff of full-time and part-time coaches, physiotherapists, sports scientists, performance analysts and scouts, all overseen by experienced senior management.





PROGRAMME CONTENT

This programme is open to talented footballers who are overseas boarders in Years 12-13 at Lincoln Minster School. All pupils on this programme receive a bespoke training provision designed to advance their development as a footballer.

CORE COMPONENTS

- Professional UEFA-qualified coaches (with specialist goalkeeper coaching where appropriate)
- High level sporting facilities used by LCFC's Academy players
- Bespoke workshops focusing on Psychology, Diet & Nutrition and Recovery Strategies & Sleep
- Access to LCFC medical and physiotherapy services
- Individual Strength & Conditioning plans and regular access to high quality gym facilities
- Individual development plans and performance reviews, including video analysis
- Access to the guest speakers of Lincoln Minster School's Sports Ambassadors programme





ADDITIONAL BENEFITS

- LCFC Training Kit
- Opportunity to be a ballboy at LCFC home matches
- Opportunity to watch LCFC first team training and meet the professional players
- Tickets for LCFC home matches
- Career pathway meetings to help plan football and academic choices when pupils leave the International Football Programme, including support with applications for university sports scholarships

TYPICAL WEEKLY TRAINING SCHEDULE

- 2 x 90-minute training session with LCFC Shadow Scholarship Programme
- 2 x 45-minute gym sessions with individualised programmes developed by LCFC's Academy staff

FIXTURE PROGRAMME

- Represent Lincoln Minster School in local fixtures and national cup competitions
- Opportunities to play in friendly fixtures with LCFC Shadow Scholars
- Option to register for a local grassroots club (subject to the pupil receiving international clearance from FIFA)



PLAYER CASE STUDY: **BIRAGAM SODHI**

AGE: YEAR 13

NATIONALITY: CANADIAN

**A LEVEL SUBJECTS:
BUSINESS, PHOTOGRAPHY, SPORTS STUDIES**

**PREFERRED POSITIONS:
WINGBACK/WINGER**

**FAVOURITE TEAM:
MANCHESTER CITY**

ON LIVING IN LINCOLN:

Living in Lincoln is a great experience. It's a beautiful city and the people are really nice and accepting. With the help of the staff at school I had no problem settling in.

ON LCFC'S COACHING STYLE:

The coaching style is very different to what I'm used to. There is a really strong focus on playing quickly in matchplay scenarios. The coaches are very experienced and give a lot of feedback, which helps me to improve my tactical understanding.

ON BALANCING FOOTBALL AND STUDIES:

By being responsible and managing my time well I haven't had any problems juggling my academic and football commitments. My training schedule is designed around my A Level lessons which makes everything easier.

ON THE FUTURE:

The International Football Programme has created many opportunities which will allow me to follow my passion. After leaving Lincoln Minster I aspire to do something in football and work around the game. I aim to continue to play football at a high level and the education I have received has opened up new pathways for me that I am excited to explore.

KEY STAFF: LINCOLN CITY FC



JEZ GEORGE
DIRECTOR OF FOOTBALL

Jez has responsibility across LCFC's entire Football Operation, including the First Team and Academy. He joined the Imps in May 2018, having previously worked at Cambridge United for over 12 years, where he re-formed the Academy and held all of the key roles at various times: Head of Youth, First Team Manager, Director of Football and finally CEO. Jez brings this wealth of experience, especially in dealing with young players, to LCFC, where he has overseen huge changes in the Academy and leads this partnership with Lincoln Minster School.



JORDAN McCANN
ACADEMY MANAGER

After graduating from Loughborough University with a degree in Sport & Exercise Science, Jordan joined Luton Town FC, working with 12-16 years olds. Jordan was one of the first appointments nationally into the Head of Coaching role; a position created by the Premier League to improve coaching standards within all professional Academies. Jordan has overseen many young players from the start of their journey to First Team football and brings that knowledge and expertise to the Imps.



KEY STAFF: LINCOLN MINSTER SCHOOL

MARIA YOUNG

HEADMISTRESS

Maria believes that, now more than ever, we need inspiring things to look towards: including the continued development of the excellent partnership with Lincoln City FC. Maria is inspired by helping all students to discover and pursue their 'spark' in life and to ensure that the school provide as many opportunities as possible for each child to be able to do this. As a former Director of Music, Maria has spent her professional life supporting children with exceptional gifts and talents to help them thrive in their extremely busy lives and has published several articles on this subject. She has led international concert tours, performed at major London musical venues and also enjoys leading school trekking expeditions, most recently to Peru. Maria is also a keen swimmer, runner and tennis player, and so fully appreciates the value of sporting participation for pupils.



TOM EVES

HEAD OF PE AND GAMES

Tom has taught at Lincoln Minster for over 16 years, delivering GCSE & A Level PE alongside coaching Football, Rugby, Cricket and Hockey, with success at local, county and regional levels. He was Head of Year for seven years and now holds the role of Head of Physical Education. Tom has played a part in the development of several pupils into professional sportspeople. To add to the school's extra-curricular provision Tom has led trips to Nepal, Tanzania, and India, all of which have focused on supporting the communities being visited. Tom is an integral part of the day-to-day running of the International Football Programme.





HOW TO JOIN...

Pupils interested in joining the International Football Programme need to demonstrate appropriate football ability, as well as meeting all of the normal requirements of an overseas boarder applying to join Lincoln Minster School.

We hold a number of International Assessment Days in various countries across the academic year. All pupils who attend these events are assessed by LCFC's professional coaches and receive a Player Assessment form. Pupils of the appropriate ability level are then invited to attend either the Easter Assessment Week or Summer Assessment Week in Lincoln.

These residential camps help prospective pupils to develop a better understanding of the opportunities and demands of the International Football Programme, and to familiarise themselves with Lincoln Minster School and the local area.

Offers to join the programme are given based on each pupil's performance during the Assessment Week.


FEES

The programme fees are set at £3,000 per year in addition to the standard fees for overseas boarders.

MORE INFORMATION

For more information about Lincoln Minster School and the International Football Programme please visit www.lincolnminsterschool.co.uk, contact us at danny@educationandsport.co.uk or admissions@lincolnminsterschool.co.uk, or follow us:

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 Lincoln Minster School

