

# Here's what to expect this week!

Lunch Week 1 Prep/Nursery	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b>	Chicken Soup Simply Tomato	Simply Tomato	Simply Tomato	Roasted Broccoli	Roasted Butternut Squash
<b>Home From Home</b>	Sandwiches Ham, cheese , Tuna Mayonnaise. Egg Mayonnaise	Roast Chicken, Stuffing ball With Gravy	Spinach Pesto Pasta	Sweet and Sour Chicken	Breaded Fish Cod Fillet Fish Fingers
<b>Meat Free</b>		Harissa Vegetable Moussaka	Red Pepper Pesto Pasta	Sweet Chilli Quorn	Cheese and Tomato Pizza
<b>King Edward Counter</b>		Baked Jacket Potato Tuna Mayonnaise or Baked Beans	Baked Jacket Potato Cheese or Baked Beans	Baked Jacket Potato Egg Mayonnaise or Baked Beans	Baked Jacket Potato Cheese or Baked Beans
<b>On The Side</b>	Baked Jacket Wedges Carrot, Cucumber, pepper Sticks	Diced Potatoes, Carrots and Peas	Selection of Green Vegetables and Garlic Bread	Vegetable Noodles and Prawn Crackers	Chips, Peas, Baked Beans
<b>Dessert</b>	Sticky Toffee Pudding/ Custard Fresh Fruit Salad, Whole Fruit, Yoghurt	Lemon Meringue Pie Fresh Fruit Salad, Whole Fruit, Yoghurt	Chocolate Chip Sponge, Chocolate Sauce Fresh Fruit Salad, Whole Fruit, Yoghurt	Apple Turnover / Custard Fresh Fruit Salad, Whole Fruit, yoghurt	Raspberry and White Chocolate Muffin Fresh Fruit Salad, Whole Fruit, Yoghurt
<b>Salad Bar</b>	<b>Rainbow Slaw, Cucumber, Tomato, Grated Carrot, Sweetcorn, Bread Rolls, Mixed Leaves and Chef's Daily Salads</b>				



# Here's what to expect this week!

Lunch Week 2 Preparatory	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b>	Simply Tomato Chicken	Sweetcorn Chowder	Simply Tomato	Chicken Soup	Roasted Butternut Squash Soup
<b>Home From Home</b>	Hot Ham & Cheese Baguette	Roast Loin of Pork Apple Puree Sage Stuffing Gravy	Classic Crispy Topped Macaroni Cheese	Chicken Korma Curry	Battered Fish Fillets (Cod Fillet Fish Fingers) Lemon Wedge , Tartare Sauce
<b>Meat Free</b>	Hot Cheese & Tomato Baguette	Tomato & Basil Pasta Garlic Bread	Vegetable Lasagne	Roast Vegetable & Pesto Pasta	Cheese & Tomato Pizza
<b>King Edward Counter / Pasta</b>		Baked Jacket Potato Tuna Mayonnaise Baked Beans	Baked Jacket Potato Egg Mayonnaise Baked Beans	Penne Pasta Tomato Sauce Garlic Bread	Baked Jacket Potato Grated Cheddar Cheese Baked Beans
<b>On The Side</b>	Baked Jacket Wedges Carrot, Cucumber, Pepper Sticks	Roast Potatoes Broccoli Florets Carrots	Mediterranean Vegetable Medley and Garlic Bread	Wholegrain Pilau Rice Green Beans Sweetcorn	Chips, Peas, Fresh Lemon and Tartare Sauce
<b>Dessert</b>	Chocolate Muffin Fresh Fruit Salad, Whole Fruit or Yoghurt	Apple Crumble and Custard Fresh Fruit Salad, Whole Fruit or Yoghurt	Red Velvet Cake Fresh Fruit Salad, Whole Fruit or Yoghurt	Jam Sponge, Custard Fresh Fruit Salad, Whole Fruit or Yoghurt	Ice Cream Fresh Fruit Salad, Whole Fruit or Yoghurt
<b>Salad Bar</b>	<b>Rainbow Slaw, Cucumber, Tomato, Grated Carrot, Sweetcorn, Bread Rolls, Mixed Leaves and Chef's Daily Salads</b>				



# Here's what to expect this week!

Lunch Week 3 Prep/Nursery	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b>	Chicken Simply Tomato	Cream of White Onion	Cauliflower and Cheddar	Leek and Potato	Tomato Soup
<b>Home From Home</b>	Sandwiches Ham, Cheese, Tuna Mayonnaise, Egg Mayonnaise	Honey Roast Gammon	Minced Beef Spaghetti Bolognese	Pork and Black Bean Sauce (Plain Sauteed Pork)	Breaded Chicken Goujons or Salmon Fishcakes
<b>Meat Free</b>		Quorn Roast	Courgette Milanese Fritters	Sticky BBQ Quorn (Plain Quorn)	Fishless Fingers
<b>King Edward Counter</b>	Baked Jacket Wedges Cucumber, Carrot, Pepper Sticks	Baked Jacket Potato Cheese Baked Beans	Baked Jacket Potato Tuna Mayonnaise Baked Beans	Baked Jacket Potato Cheese Baked Beans	Baked Jacket Potato Egg Mayonnaise Baked Beans
<b>On The Side</b>		Roasted Potatoes, Gravy Carrots and Cauliflower Cheese	Garlic Focaccia and Broccoli	Vegetable Noodles and Spring Rolls	Chips, Carrots and Baked Beans
<b>Dessert</b>	Mango Mousse Pudding Fresh Fruit Salad, Whole Fruit or Yoghurt	Flapjack Fresh Fruit Salad, Whole Fruit or Yoghurt	Carrot Cake Fresh Fruit Salad, Whole Fruit or Yoghurt	Lemon Posset with Shortbread Fresh Fruit Salad, Whole Fruit or Yoghurt	Rice Krispy Crunch Fresh Fruit Salad, Whole Fruit or Yoghurt
<b>Salad Bar</b>	<b>Rainbow Slaw, Cucumber, Tomato, Grated Carrot, Sweetcorn, Grated Cheese, Bread Rolls, Mixed Leaves and Chef's Daily Salads</b>				

