Introducing Lexington
Independents,
Your New (aterer
At United Learning





Lexington Independents at Vnited Learning

Lexington Independents are thrilled to have taken over the catering services at United Learning.

Our award-winning sister company, Lexington Catering, has nearly 20 years of experience providing catering to some of the most prestigious names in business including Rothschild, Lloyds of London, BNP Paribas, Savills and London Business School.

In 2019, we saw a gap in the Independent School market for a quality-focused new entrant, delivering exciting, healthy, innovative food that inspired parents, pupils and teachers alike. To propel catering into the heart of school life, Lexington Independents was born.

The (atering Services at United Learning

Our vibrant menus, food trend innovations and proactive engagement with the school community will ensure food and drink sits at the very core of the pupil experience.

Our business is driven by happy, motivated and empowered people. The service we provide across the school is delivered by an engaged, friendly and diligent team, to meet the needs and expectations of our guests.



Our Food Ethos

We know the crucial role that food can play in a pupil's ability to learn, develop and ultimately flourish.

Food isn't simply fuel, it's critical to creating happy, healthy and inquisitive young minds.

Our menus are developed with our in-house team of nutrition and dietetic experts to ensure we support pupils, parents and schools in nurturing healthy eating habits across all age groups.

Our flavour-packed menus take inspiration from the latest high street trends, big global flavours, and of course British classics - ensuring we can win over even the fussiest of eaters.

We take great care to source our food from British farms that practice ethical and sustainable farming methods and work with suppliers who deliver greattasting quality produce all year round.



Allergen Management

At Lexington Independents, your child's health and safety will always be of the utmost importance to us. Our teams receive allergy training annually, and

whenever there's an update to allergen laws. In our prep schools, having accurate information about dietary needs and allergies is crucial for us to prepare and serve meals that meet their requirements. Our dietitians and catering team work together and follow a robust process, so you can feel reassured that whenever safely possible, an alternative menu will be provided.

Our guide 'Medical Diet Menus - A Guide for Parents, Guardians & Carers' contains further information about the medical diet process for prep schools and includes step by step instructions for you to record this information to ensure we are fully aware of any medical diet requirements.

In our senior schools, our catering team will provide accurate allergen information to your child. We ask that your child speaks to the team if they want to know about specific allergens so that they are able to make an informed, safe choice.







Here is what's coming!





WINTER 2023/24

- December

National/International Day/Events

- Hanukkah 26th December 2nd J
- Winter Solstice 21st December
- Christmas 25th December
- New Years Eve 31st December



January

National/International Day/Events

- Veganuary 1st-31st January
- Burns Night 25th January
- Australia Day 26th Januar
- International Sticky Toffee Pudding Day 23rd

February

National/International Day/Events

- World Nutella Day 5th February
- Chinese New Year (Year of the Dragon) 10th
- Super Bowl 11th February
- Valentine's Day 14th Februa
- Real Bread Week 17th 25th February
- Shrove Tuesday 13th February



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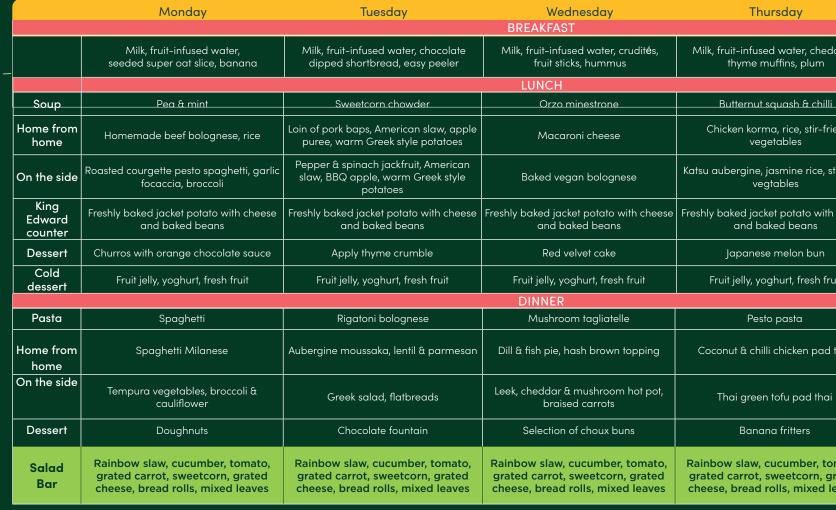


	Monday	Tuesday	Wednesday	Thursday	Friday
	BREAKFAST				
	Milk, fruit-infused water, beetroot brownie, banana	Milk, fruit-infused water, raspberry & white chocolate cripsy cake, easy peeler	Milk, fruit-infused water, crudités, fruit sticks, hummus	Milk, fruit-infused water, Cumberland sausage roll or vegan 'sausage' roll, banana	Milk, fruit-infused water, mozzarella & – tomato pinwheels, plum
-			LUNCH		
Soup	Mediterranean vegetable	Seasonal tomato	Sweet green lentil	Broccoli	Curried cauliflower
Home from home	Home baked cottage pie, sautéed seasonal green beans	Thyme roasted chicken, carrot & peas	Spinach, penne, garlic bread	Egg noodles, prawn crackers	Mozzarella & tomato pizza, baked potato wedges
On the side	Selection of green vegetables	Harissa vegetable tagine	Selection of vegetables, penne, garlic bread	Tempura vegetables	Cous cous, baked squash
King Edward counter	Freshly baked jacket potato with cheese and baked beans	Freshly baked jacket potato with cheese and baked beans	Freshly baked jacket potato with cheese and baked beans	Freshly baked jacket potato with cheese and baked beans	Freshly baked jacket potato with cheese and baked beans
Dessert	Sticky toffee pudding	Lemon meringue cake	Tiramisu	Apple turnover	Muffins
Cold dessert	Fruit jelly, yoghurt, fresh fruit				
			DINNER		
Pasta	Ham and mushroom tagliatelle	Roasted red pepper macaroni	Mushroom sauce with penne	Spinach & ricotta cannelloni	Macaroni cheese
Home from home	Pumpkin seed & baby spinach risotto	Pork stroganoff, white rice	Chicken korma, onion, bhajis, saag aloo	Beef bolognese with spaghetti	Bibimbap - choose your fillings
On the side	Rocket & watercress salad	Mushroom stroganoff, green beans & roasted peppers	Burnt aubergine curry, naan bread	Garlic foccacia, tricolor salad, mixed greens	Vegetarian bibimbap - choose your fillings
Dessert	Millionaires tart	Selection of muffins	Lime cheesecake	Strawberry shortbread	Chocolate & cherry roulade
Salad Bar	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves













	Friday
ldar &	Milk, fruit-infused water, croque monsieur, cut fruit salad
	Mexican bean soup
ed	Fish & chips, minted peas, tartare sauce
tir-fried	Nori wrapped tofu
i cheese	Freshly baked jacket potato with cheese and baked beans
	Ice cream selection
uit	Fruit jelly, yoghurt, fresh fruit
	Cheddar & chive macaroni
thai	Sweet & sour chicken Hong Kong style, prawn crackers
	Sweet & sour broccoli Hong Kong style
	Raspberry & white chocolate roulade
mato, rated eaves	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves



	Monday	Tuesday	Wednesday	Thursday	Friday
	BREAKFAST				
	Milk, fruit-infused water, oaty biscuits, apple or banana	Milk, fruit-infused water, seeded super oat slice, banana	Milk, fruit-infused water, crudités, fruit sticks, hummus	Milk, fruit-infused water, cheddar & parsley straws, cut fruit salad	Milk, fruit-infused water, mozzarella & tomato paninis, easy peeler
			LUNCH		
Soup	Carrot & coriander	French onion	Cauliflower & cheddar	Lentil & butternut squash	Vegetarian noodle broth
Home from home	Baked chicken, peas & red peppercorn, dauphinoise potato	Honey roasted gammon, rosemary roasted potatoes, carrots, cauliflower cheese	Beef bolognese, spaghetti, garlic, focaccia, broccoli	Asian style vegetable noodles, spring rolls	Breaded chicken goujons, French fries, carrots, baked beans
On the side	Tomato & basil gnocchi	Tempura tofu, rosemary roast potatoes, carrots greens beans	Courgette Milanese	Vegetarian Asian style vegetable noodles, spring rolls	Sweetcorn and pepper fritters, French fries, carrots, baked beans
King Edward counter	Freshly baked jacket potato with cheese and baked beans	Freshly baked jacket potato with cheese and baked beans	Freshly baked jacket potato with cheese and baked beans	Freshly baked jacket potato with cheese and baked beans	Freshly baked jacket potato with cheese and baked beans
Dessert	Mango mousse pudding	Raspberry & cranberry flapjack, fruit jelly, yoghurt, fresh fruit	Carrot cake, fruit jelly, yoghurt, fresh fruit	Lemon posset, fruit jelly, yoghurt, fresh fruit	Rice crispy cakes, fruit jelly, yoghurt, fresh fruit
Cold dessert	Fruit jelly, yoghurt, fresh fruit				
			DINNER		
Pasta	Mushroom & tarragon penne	Butternut squash orzo	Noodle broth	Spinach pesto pasta	Caprese pasta salad
Home from home	Swedish style meatballs, mashed potato, creamy cranberry gravy	BBQ chicken wings, baked sweet potato, corn cobs	Subway counter	Pepperoni pizza, potato wedges	Sweet & sour chicken Hong Kong style, sticky rice
On the side	Tarragon braised mushrooms, green beans	BBQ cauliflower wings, Boston beans	French fries, roasted corn	Margherita pizza, American slaw, selection of dips	Sweet & sour vegetables Hong Kong style, stir fry vegetables
Dessert	Fruit & marshmallow skewers	Rocky road	Portuguese tart	Chocolate mousse	Strawberry jelly
Salad Bar	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves





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	Monday	Tuesday	Wednesday	Thursday	Friday	
	BREAKFAST					
	Belgian waffles, crispy bacon, maple syrup and a poached egg	Sausage and egg muffins with hash browns	Continental Pastries, bagels, smoked salmon and selection of cured meats and smashed avocado	Filled croissants or French toast with our new smoothie bar	Full English Fried bread, scrambled egg, baked beans, bacon and sautéed mushrooms	
		Available daily – Selection of	pastries, muffins, bagels, cereal, toast, pr	eserves and yoghurt counter		
Soup	Mediterranean vegetable	Simply creamy tomato	Sweet green lentil	Broccoli	Curried cauliflower	
Home from home	Rosti topped beef cottage pie, sautéed green beans	Baked chicken thigh gyros, herby parmentier, carrot & chickpea medley	Spinach & rocket green pesto	Teriyaki pork stir fry noodles, prawn crackers	Mozzarella & tomato pizza, baked potato wedges	
Street eats	Vegetarian poke bowl	Chicken & bacon baguette, crisps	Smokey BBQ Ribs, cobette, potato skins	Mexican vegetable enchiladas	Cucumber hosomaki with pickled gInger	
On the side	Mediterranean vegetable, sweet potato gratin	Moroccan squash tagine, pomegranate and mint cous cous	Roasted red pepper pesto penne, garlic bread	Tempura vegetables with Thai green sauce	Tomato & rocket salad, coleslaw	
King Edward counter	Freshly baked jacket potato with cheese, vegetable bolognaise and baked beans	Freshly baked jacket potato with cheese, whipped feta & sumac and baked beans	Freshly baked jacket potato with cheese, mushroom & onions, baked beans	Freshly baked jacket potato with cheese, beef chilli and baked beans	Freshly baked jacket potato with cheese, tuna mayonnaise, baked beans	
Dessert	Sticky toffee pudding	Lemon meringue	Tiramisu	Apple turnover	Muffins: Chocolate & beetroot, lime & courgette	
			DINNER		Ť	
Pasta	Tagliatelle	Roasted red pepper macaroni	Mushroom & thyme penne	Spinach & ricotta cannelloni	Honey & mustard macaroni	
Home from home	Tagliatelle carbonara	Pork stroganoff, Lyonnais potatoes	Tandoori chicken thighs, onion, bhajis, saag aloo	Hassleback potatoes with beef chilli	Chicken bibimbap, choose your fillings	
On the side	Butternut squash & sage risotto, rocket & watercress salad	Mushroom stroganoff, green beans & roasted peppers	Burnt aubergine curry, naan bread	Garlic foccacia, tricolor salad, mixed greens	Vegetarian bibimbap, choose your fillings	
Dessert	Millionaires tart	Selection of muffins	Lime cheesecake	Strawberry shortbread	Lemon meringue roulade	
Salad Bar	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves and daily selection of chefs salads	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves and daily selection of chefs salads	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves and daily selection of chefs salads	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves and daily selection of chefs salads	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves and daily selection of chefs salads	

A Contraction



	Saturday		
	BREAKFAST		
	Breakfast In Bed Sweet pancakes or savoury bacon and sweetcorn muffins	Bacon turnovers	
LUNCH			
Jacket potato counter	Freshly baked jacket potatoes with selection of toppings	Freshly baked jack	
Home from home	Eggs Benedict	Chilli hot o	
Sides	Grilled tomatoes, sautéed potatoes	Fried moz	
Dessert	Selection of cookies		

	DINNER		
Home from home	Chicken enchilada, seasonal sautéed greens	Roast beef, Yc	
Sides	5 Bean burrito, coriander rice, courgette fritters	Cheese, leek & potato	
Dessert	Oreo cookie cheesecake	Rhub	
Selection of chefs salads	Daily selection		

Sunday

Breakfast in Bed

vers or lemon and poppyseed muffins

acket potatoes with selection of toppings

ot dogs, French fries, onion rings

nozzarella, Pico de Gallo dressing

Beetroot brownie

Yorkshire pudding, dauphinoise gratin

to pithivier, braised red cabbage, roasted root vegetables

ubarb & winter berry crumble

Daily selection







Available daily – Selection of pastries, muffins, bagels, cereal, toast, preserves and yoghurt counter

	LUNCH				
Soup	Pea & mint	Sweetcorn chowder	Orzo minestrone	Butternut squash & chilli	Mexican bean soup
Home from home	Texas style beef chilli, dirty rice	Loin of pork baps, American slaw & apple puree, sage stuffing warm Greek style potatoes	Macaroni cheese, butternut squash & spinach, Mediterranean vegetable	Katsu curry, jasmine rice, stir fried vegetables	Fish & chips, minted peas, tartare sauce
Street eats	Deli style subs	Tomato & basil penne	Beef chilli nachos	Chicken & avocado bagel	Falafel, pitta, pickled vegetables, cous cous
On the side	Roasted courgette pesto spaghetti, garlic focaccia, broccoli	Pepper & spinach jackfruit, American slaw & BBQ apple, sage stuffing, warm Greek style potatoes	Baked vegan bolognese	Katsu aubergine, jasmine rice, stir fried vegetables	Nori wrapped tofu
King Edward counter	Freshly baked jacket potato with cheese, vegetable bolognaise and baked beans	Freshly baked jacket potato with cheese, whipped feta & sumac and baked beans	Freshly baked jacket potato with cheese, mushroom & onions, baked beans	Freshly baked jacket potato with cheese, beef chilli and baked beans	Freshly baked jacket potato with cheese, tuna mayonnaise, baked beans
Dessert	Churros, orange chocolate sauce	Apple thyme crumble	Red velvet cake	Japanese melon bun	Ice cream selection
			DINNER		
Pasta	Spaghetti	Rigatoni bolognaise	Mushroom tagliatelle	Pesto pasta	Cheddar & chive macaroni
Home from home	Chicken Milanese parmigiana	Aubergine moussaka, lentil & parmesan	Dill & fish pie, hash brown topping, minted peas	Coconut & chilli chicken Pad Thai	Sweet & sour chicken Hong Kong style, prawn crackers
On the side	Tempura vegetables, broccoli & cauliflower	Greek salad, flatbreads	Leek, cheddar & mushroom hot pot, braised carrots	Thai green tofu Pad Thai	Sweet & sour broccoli Hong Kong style
Dessert	Doughnuts	Chocolate fountain	Selection of choux buns	Banana fritters	Raspberry & white chocolate roulade
Salad Bar	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves and daily selection of chefs salads	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves and daily selection of chefs salads	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves and daily selection of chefs salads	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves and daily selection of chefs salads	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves and daily selection of chefs salads

	Friday
ו our	- Full English Fried bread, scrambled egg, baked
	beans, bacon and sautéed mushrooms

Saturday BREAKFAST	
Breakfast In Bed Ham and cheese croissant or mixed Danish	Cinno

LUNCH		
Jacket potato counter	Freshly baked jacket potatoes with selection of toppings	Freshly baked jac
Home from home	Croque madame	Cł
Sides	Boston beans loaded fries, mixed salads	Mi
Dessert	Chocolate cupcakes	Pancakes,

	DINNER	
Home from home	Chicken tikka masala, onion bhaji, spiced green beans	Roasted porchetta, r
Sides	Vegetable korma, braised pilaf	Sage & wild
Dessert	Treacle tart	Len
Selection of chefs salads	Daily selection	



Sunday

Breakfast in Bed namon roll or sausage turnover

jacket potatoes with selection of toppings

Cheddar & tomato quiche

Minted new potatoes, peas

es, chocolate sauce, berry compote

ı, root vegetable risotto, rocket & tomato salad

ild mushroom risotto, parmesan crisp

emon & white chocolate trifle

Daily selection

Monday	Tuesday	Wednesday	Thursday	Friday
		BREAKFAST		
Belgian waffles, crispy bacon, maple syrup and a poached egg	Sausage and egg muffins with hash browns	Continental Pastries, bagels, smoked salmon and selection of cured meats and smashed avocado	Filled croissants or French toast with our new smoothie bar	Full English Fried bread, scrambled egg, baked beans, bacon and sautéed mushrooms

Available daily – Selection of pastries, muffins, bagels, cereal, toast, preserves and yoghurt counter

	LUNCH								
Soup	Carrot & coriander	French onion	Cauliflower & cheddar	Lentil & butternut squash	Vegetarian noodle broth				
Home from home	Baked chicken thigh & chorizo, peas & red pepper corn, dauphinoise potato	Honey roasted gammon, rosemary roasted potatoes, cumin carrots, cauliflower cheese	Beef bolognaise, spaghetti, garlic focaccia, broccoli	Ramen bowls, prawn crackers, pickled vegetables	Chalkboard friday				
On the side	Sage, mushroom & onion gnocchi, peas & red pepper corn	Beetroot bourgignon, rosemary roasted potatoes, cumin carrots, greens beans	Courgette Milanese	Ramen bowls vegetarian option, pickled vegetables	Chalkboard friday vegetarian option				
Street eats	Onion bhaji, raita, naan, lentil dahl	Arancini, red pepper hummus, rocket salad	Southern fried oyster mushrooms, corn cobs, potato wedges, slaw	5 Bean burrito, nachos, jalapeños	Teriyaki noodles				
King Edward counter	Freshly baked jacket potato with cheese, vegetable bolognaise and baked beans	Freshly baked jacket potato with cheese, whipped feta & sumac and baked beans	Freshly baked jacket potato with cheese, mushroom & onions, baked beans	Freshly baked jacket potato with cheese, beef chilli and baked beans	Freshly baked jacket potato with cheese, tuna mayonnaise, baked beans				
Dessert	Mango mousse pudding	Raspberry & cranberry flapjack	Carrot cake	Lemon posset, shortbread	Rice crispy cakes				

Pasta	Mushroom & tarragon penne	Butternut squash orzo	Noodle broth	Spinach pesto pasta	Caprese pasta salad
Home from home	Swedish style meatballs, mashed potato, creamy cranberry gravy	BBQ Chicken wings, baked sweet potato, corn cobs	Ginger & lemon pork stir fry, bean shoot noodles	Pepperoni pizza, Cajun style wedges	Katsu chicken, sticky rice
On the side	Tarragon braised mushrooms, green beans	BBQ Cauliflower wings, Boston beans	Tempura tofu, stir fried vegetables	Margherita pizza, American slaw, selection of dips	Katsu aubergine, stir fry vegetables
Dessert	Fruit & marshmallow skewers	Rocky road	Crème brulee	Chocolate fountain	Chai tea jelly
Salad Bar	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves and daily selection of chefs salads	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves and daily selection of chefs salads	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves and daily selection of chefs salads	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves and daily selection of chefs salads	Rainbow slaw, cucumber, tomato, grated carrot, sweetcorn, grated cheese, bread rolls, mixed leaves and daily selection of chefs salads



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	Saturday				
	BREAKFAST				
	Belgiar				
	LUNCH				
	LONCH	1			
Jacket potato counter	Freshly baked jacket potatoes with selection of toppings	Freshly baked jac			
Home from home	Corn dogs, chilli bacon jam				
Sides	French fries, peppered corn	Macaroni ch			
Dessert	lce cream				

DINNER		
Home from home Beef black bean sauce, stir fry vegetables		Southern fried
Sides	Sweet chilli tofu, spring rolls, coconut rice	Southern fr
Dessert	Profiteroles	Cranbe
Selection of chefs salads	Daily selection	

Sunday

Breakfast in Bed ian waffles or pigs in blankets

acket potatoes with selection of toppings

Chorizo & fish paella

cheese, chive & mozzarella topping

Chocolate fountain

ed chicken burger, blue cheese dressing

fried mushroom burgers, sauté fries

berry & white chocolate cookies

Daily selection



	Monday	Tuesday	Wednesday	Thursday	Friday	
-			LUNCH			
BREAKFAST	Selection of pastries Or Granola bowl Or Build your own breakfast bap	Selection of pastries Or Granola bowl Or Build your own breakfast bap	Selection of pastries Or Granola bowl Or Build your own breakfast bap	Selection of pastries Or Granola bowl Or Build your own breakfast bap	Selection of pastries Or Granola bowl Or Build your own breakfast bap	
DELI BAR	Homemade selection of bagels, sub rolls and sandwiches	Homemade selection of bagels, sub rolls and sandwiches	Homemade selection of bagels, sub rolls and sandwiches	Homemade selection of bagels, sub rolls and sandwiches	Homemade selection of bagels, sub rolls and sandwiches	
SMOOTHIE BAR	Freshly made smoothie of the day	Freshly made smoothie of the day	Freshly made smoothie of the day	Freshly made smoothie of the day	Freshly made smoothie of the day	
STREET EATS	Sweet chili chicken thighs, piri piri rice, grilled courgette Or Sweet chili butternut and chickpea cakes, piri piri rice	Chicken gyros with pickle and flat bread, roasted lemon potatoes Or Greek vegetable skewers, pickled carrot, flatbread, roasted lemon potatoes	Bang Bang chicken wings, grilled corn, sweet potato wedges Or Bang Bang cauliflower wings, grilled corn, sweet potato wedges	Shredded chicken burritos, chipotle and lime potatoes Or Shredded vegetable burrito, chipotle and lime potatoes	Teriyaki bao buns, kimchi and rice Teriyaki pulled mushroom bao buns, kimchi and rice	
LIGHT BITES	Jumbo sausage roll Or Vegan pastry roll	Bacon turnover Or Vegetable pastry	Selection of Bagel pizza bites	Ham and cheese panini Or Four cheese and tomato pizza	Loaded tater tots	
SALAD BAR	Chef selection of seasonal salads	Chef selection of seasonal salads	Chef selection of seasonal salads	Chef selection of seasonal salads	Chef selection of seasonal salads	
DAILY DELIGHT	Cookie selection	Brownie of the day	Muffin of the day	Carrot cake	Rocky road	







	Monday	Tuesday	Wednesday	Thursday	Friday
LUNCH					
BREAKFAST	Selection of pastries Or Granola bowl Or Build your own breakfast bap	Selection of pastries Or Granola bowl Or Build your own breakfast bap	Selection of pastries Or Granola bowl Or Build your own breakfast bap	Selection of pastries Or Granola bowl Or Build your own breakfast bap	Selection of pastries Or Granola bowl Or Build your own breakfast bap
DELI BAR	Homemade selection of bagels, sub rolls and sandwiches	Homemade selection of bagels, sub rolls and sandwiches	Homemade selection of bagels, sub rolls and sandwiches	Homemade selection of bagels, sub rolls and sandwiches	Homemade selection of bagels, sub rolls and sandwiches
SMOOTHIE BAR	Freshly made smoothie of the day	Freshly made smoothie of the day	Freshly made smoothie of the day	Freshly made smoothie of the day	Freshly made smoothie of the day
STREET EATS	Sweet and sour chicken noodles Or Sweet and sour vegetable noodles	Chicken and chorizo paella Or Pepper, onion and mushroom paella	Katsu chicken curry with sticky rice Or Katsu vegetable curry with sticky rice	Korean chicken skewers, pepper and carrot slaw, gamja potato	Buttermilk chicken tacos, pickle vegetables, lime mayo and tortilla chips Or Smoky pulled aubergine and black bean taco with tortilla chips and avocado
LIGHT BITES	Loaded potato wedges	BBQ sausage lattice Or BBQ Veg sausage lattice	Pizza slice	Spicy chicken Quesadilla Or Cajun vegetable and cheese quesadilla	Chinese noodle pot
SALAD BAR	Chef selection of seasonal salads	Chef selection of seasonal salads	Chef selection of seasonal salads	Chef selection of seasonal salads	Chef selection of seasonal salads
DAILY DELIGHT	Cookie selection	Chocolate swirl cake	Muffin of the day	Belgian waffle	Brownie of the day







	Monday	Tuesday	Wednesday	Thursday	Friday
			UNCH		
BREAKFAST	Selection of pastries Or Granola bowl Or Build your own breakfast bap	Selection of pastries Or Granola bowl Or Build your own breakfast bap	Selection of pastries Or Granola bowl Or Build your own breakfast bap	Selection of pastries Or Granola bowl Or Build your own breakfast bap	Selection of pastries Or Granola bowl Or Build your own breakfast bap
DELI BAR	Homemade selection of bagels, sub rolls and sandwiches	Homemade selection of bagels, sub rolls and sandwiches	Homemade selection of bagels, sub rolls and sandwiches	Homemade selection of bagels, sub rolls and sandwiches	Homemade selection of bagels, sub rolls and sandwiches
SMOOTHIE BAR	Freshly made smoothie of the day	Freshly made smoothie of the day	Freshly made smoothie of the day	Freshly made smoothie of the day	Freshly made smoothie of the day
STREET EATS	Dirty BBQ pretzel chicken stack burger Or Dirty BBQ pretzel pulled mushroom and lentil burger	Mexican beef enchiladas, spicy rice Or Spicy courgette and butterbean enchiladas and spicy rice	Garlic and herb chicken thigh khobez with shredded spicy potatoes Or Garlic and herb roasted vegetable and lentil khobez with shredded spicy potatoes	indian snack tray Sweet poattao pakora Bombay aloo Pilau rice and tandoori chicken Or Spiced lentil dahl with pakora and chapati	Breaded Thai fish cakes with rice noodles, crunchy spiced vegetables, siracha mayonnaise
LIGHT BITES	Cheese loaded nachos	Cheese and bacon twists	Vegetable samosa	Bricktop cheese toastie	Nut free chicken satay skewers
SALAD BAR	Chef selection of seasonal salads	Chef selection of seasonal salads	Chef selection of seasonal salads	Chef selection of seasonal salads	Chef selection of seasonal salads
DAILY DELIGHT	Cookie selection	Brownie of the day	Muffin of the day	Muffin of the day	Lemon drizzle cake bars







Enjoying great-tasting healthy food in early life often leads to healthy eating habits that stay with you.

Working with our Head of Nutrition, Hannah Locket, we ensure that our menus for United Learning are continuously focused on delivering nutritious, tasty and visually appealing healthy meals.

We have a bespoke collection of award-winning healthy eating brands designed to appeal to a range of tastes and needs.'



Vitalicious

Blitzed to order fruit and vegetable juices -Getting your five a day has never been easier!



Grains & Greens

Vegetarian and vegan dishes that are protein packed and taste incredible



FreeFrom

Our alternatives to traditional sweet treats cater to a range of dietary requirements without compromising on taste

Veggie BBQ Recipe

Elote - Mexican grilled corn

Ingredients

2 tablespoons ricotta 2 tablespoons mayonnaise 1/2 teaspoon chipotle chilli powder ¹/₂ teaspoon of paprika 4 whole corn on the cob with husk 6 tablespoons grated parmesan cheese 1 lime, quartered Pinch of salt

Instructions

- Preheat BBQ It's best to cook over fire and coal but a normal grill will do
- Combine the ricotta, mayonnaise, paprika and chipotle powder in a small bowl
- Keep the corn in the husk and grill, turning occasionally
- When the corn is almost cooked pull the husk, season with salt and return to the grill turning occasionally to char the kennels. This should take about 15 minutes
- When cooked spread each corn with one tablespoon of the sauce and sprinkle with the parmesan and then squeeze the lime all over the corn





Introducing Green Force (hampions

Green Force is our new sustainability initiative at United Learning.

Green Force is our sustainability initiative based at United Learning that links our menus directly back to the pupils' environment and acts as a vehicle for teaching pupils about sustainability, sourcing and society.

Through Green Force, we introduce pupils to the importance of eating locally produced, seasonal food and how what they consume can directly impact the environment.

In a recent case, we prevented over 250 plastic bottles from entering recycling at an education site by introducing our own branded reusable water bottles.



Trashed

As caterers, we take our responsibility to eliminate food waste incredibly seriously. Not only is it financially wasteful but food waste has a detrimental effect on the environment, both at a local and global level.

One of the unique ways we are doing this is through our award-winning food concept, Trashed.

Trashed focuses on creating delicious dishes by incorporating underused cuts of meat and vegetables that often end up being thrown away or overlooked.







Web: lexingtonindependents.co.uk

