## Here's what to expect this week!

Salad Bar

	<b>'</b>					
Lunch Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	
Soup	Spicy Parsnip	Super Greens with Fresh Ginger	Sweet Potato Spinach & Coconut	Tomato & Lentil	Zesty Carrot Cunin & Orange	
Home From Home	Chunky Beef & Chorizo Chilli Homemade Tortilla Chips Sour Cream Tomato Green Pepper & Onion Salsa	Fruity Chicken & Honey Tagine Mint & Coriander Cous Cous	Roast Beef Yorkshire Pudding Gravy	Smothered Chicken Skinny Fries	Salmon Fish Cakes Cucumber & Dill Tzatiki	
Meat Free	Goats Cheese & Red Pepper Tart Skinny Fries	Mediterranean Vegetable Lasagne Garlic Bread	Quorn Mushroom & Leek Pie	Chargrilled Halloumi & Red Peppers in a Toasted Bun Skinny Fries	Cheese & Tomato Pizza	
On The Side	Garden Peas	Roasted Courgettes & Peppers Honey Roasted Carrots	Baby Garlic Roast Potatoes, Braised Red Cabbage Broccoli Florets	Stir Fried Vegetables SweetCorn	Chips, Peas Spaghetti Hoops	
King Edward Counter	Baked Jacket Potato Cheese Baked Beans	Baked Jacket Potato Cheese Baked Beans	Baked Jacket Potato Cheese Baked Beans	Baked Jacket Potato Cheese Baked Beans	Baked Jacket Potato Cheese Baked Beans	
Street Eats	Jumbo Hot Sausage Roll Skinny Fries Baked Beans	Cheese & Ham Toasted Sandwich Baked Southern Style Jacket Wedges	Chinese Pork & Noodle Chow Mein Prawn Crackers	Hoi Sin Pulled Pork Bao Bun Shirazi Salad Asian Slaw Skinny Fries	Chicken Nuggets Tomato Ketchup Dip	
Dessert	Iced Sponge Cake Banoffee Pie Pot Yoghurt Fresh Fruit Pot	Feathered Jam Sponge Mississippi Mud Pie Dessert Pot Yoghurt Fresh Fruit Pot	Golden Syrup Cookie Victoria Sponge Yoghurt Fresh Fruit Pot	Flapjack Sticky Gingerbread Sponge Yoghurt Fresh Fruit Pot	Lemon Drizzle Sponge Cake Chocolate Krispies Yoghurt Fresh Fruit	
	Beetroot, Rainbow Slaw, Cucumber, Tomato, Grated Carrot, Sweetcorn, Mixed Leaves and Chef's Daily Salads					

## Here's what to expect this week!

Salad Bar

Lunch Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Cream of Country Vegeteable	Creamy Mushroom & Tarragon	Leek & Potato	Tomato & Basil	Vegetable Noodle Soup
Home From Home	Sweet & Sour Chicken Egg Fried Rice Prawn Crackers	Beef & Potato Pie Gravy	Roast Loin Pork Apple Sauce Yorkshire Pudding Gravy	Garlic Butter Chicken Kiev Escalope	American Pancakes with Smoked Bacon Maple Syrup Fried egg Tater Tots
Meat Free	Southern Piri Piri Chicken	Quorn sausages in Rich Onion Gravy	Cheese & Red Onion Quiche Buttered New Potatoes	Cheesy Leek & Potato Pie	Vegetable Nuggets Sweet Chilli Noodles
On The Side	Skinny Fries Roasted Pepper Pesto Vegetables Sweetcorn	Roast Potatoes Honey Roast Carrots Garden Peas	Mashed Potato Country Vegetable Mix Savoy Cabbage	Minted Buttered New Potatoes Stir Fried Vegetables Green Beans	Garden Peas Baked Beans
King Edward Counter	Baked Jacket Potato Grated Cheese Baked Beans	Baked Jacket Potato Cheese Baked Beans	Baked Jacket Potato Cheese, Baked Beans	Baked Jacket Potato Cheese Baked Beans	Baked Jacket Potato Cheese Baked Beans
Street Eats	Pepperoni & Cheese Panini	Mini Duck Spring Rolls Hoi Sin Noodles Prawn Crackers	Smoky BBQ Chicken Enchilada Pico de Gallo Salsa Sour Cream	Breakfast Muffin Hash Browns Baked Beans	Chicken Tikka Melt Panini
Dessert	Pear & Cinnamon Cake Trifle Pot Fresh Fruit Pot Yoghurt	Peppermint Cookie Iced Sponge Yoghurt Fresh Fruit Pot	Chocolate Sponge Cake Banoffee Pie Pot Yoghurt Fresh Fruit Pot	Ginger Biscuit Angel Delight Pot Fresh Fruit Pot Yoghurt	Iced Doughnut Chocolate Orange Fudge Cake Fresh Fruit Pot Yoghurt

Rainbow Slaw, Cucumber, Tomato, Grated Carrot, Sweetcorn, Bread Rolls, Mixed Leaves and Chef's Daily Salads





## Here's what to expect this week!

Lunch Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Butternut Squash & Sage	Red Lentil	Vegetable Minestrone	Tuscan Bean	Broccoli
Home From Home	Cumberland Sausage Yorkshire Pudding Mashed Potato Gravy	Chunky Beef Chilli Mexican Rice / Sour Cream Homemade Tortilla Chips Green Pepper & Onion Salsa	Pork & Apple Stew with Dumplings Roast Potatoes	Katsu Chicken Curry Coconut Rice Pickled Asian Slaw Mango Chutney	Deep Fried Breaded Cod Fillet Homemade Tartare Sauce Lemon Wedge
Meat Free	Stilton Leek & Mushroom Quiche	Vegetable & Bean Chilli Mexican Rice	Sticky Korean BBQ Quorn & Vegetable Noodles	Sweet Potato Lentil & Spinach Korma Coconut Rice /Mini Naan Bread	Very Veggie Pizza
On The Side	Garden Peas Honey Roast Carrots	Chilli & Lime Baked Squash Buttered Corn Cob	Sweetcorn Braised Red Cabbage	Stir Fry Asian Greens Broccoli	Chips Garden Peas Baked Beans
King Edward Counter	Baked Jacket Potato Cheese Baked Beans	Baked Jacket Potato Cheese Baked Beans	Baked Jacket Potato Cheese Baked Beans	Baked Jacket Potato Cheese Baked Beans	Baked Jacket Potato Cheese Baked Beans
Street Eats	Toasted Ham & Cheese Bagel Garlic Roast New Potatoes	Crunchy popcorn Chicken Wrap Herb Diced Potatoes	Fish Finger Sub Roll Lemon Mayonnaise Skinny Fries	BBQ Gourmet Hotdog Caramelised Onions Skinny Fries	Pepperoni Pizza
Dessert	Ginger & Pear Upside Down Cake Chocolate Brownie Fresh Fruit Pot Yoghurt	Cherry Flapjack Iced Sponge Fresh Fruit Pot Yoghurt	Chocolate Topped Marble Sponge Strawberry Cheesecake Fresh Fruit Pot Yoghurt	Bakewell Tart Angel Delight Pot Fresh Fruit Pot Yoghurt	Blueberry Muffin Choc Ice Fresh Fruit Pot Yoghurt
Salad Bar	Rainbow Slaw, Cu	cumber, Tomato, Grated	Carrot, Sweetcorn, Beet	root, Mixed Leaves and C	Chef's Daily Salads





